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CERTIFICATE OF ACHIEVEMENT

Nomor: 10.1/SI/VI/2023

This Certificate is proudly presented to

Nurhayati

as Oral Presenter

for the presentation titled

Application of Mindfulness to Reduce Blood Pressure and Anxiety in Adults with Hypertension

THE 3rd MUHAMMADIYAH INTERNATIONAL PUBLIC HEALTH AND MEDICINE CONFERENCE

“Demographic Dividend Towards The Transformation of Health Services”

Faculty of Public Health, Universitas Muhammadiyah Jakarta at Tangerang Selatan, **July 27th-28th, 2023**

Chairman of Committee
Muhammadiyah International
Public Health and Medicine



Dr. Munaya Fauziah, SKM. M.Kes



Dean of the Faculty of Public Health,
University of Muhammadiyah Jakarta



Dr. Andriyani, M.Kes